

Hawks!



Old Dog Haven

DogNews DogNews DogNews DogNews DogNews DogNews

January 2017

Volume 11 Number 1

In This Issue

Featured Dogs:

Odie
Geoffrey
Floyd

Mailbox

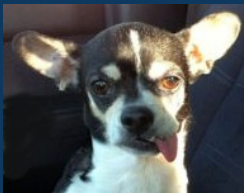
News Bite

Special Ways to
Donate

Dog Activity 2016

News from the
Executive Director

The dog
featured in
the header
above is 12th
Dog Wilson



MONICA MUGGLES

The Final Refuge
dogs featured in
the group
photograph are:
(L-R) Romeo,
Biscotti, Ocean,
Holly, Gus, Juno
and Cloris.

They represent
the 300+ dogs in
our care that are
grateful for your
support.

HAPPY NEW YEAR!

A SPECIAL THANK YOU TO OUR DONORS!



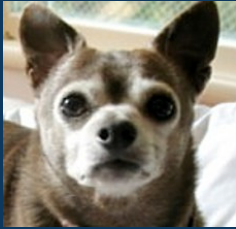
As we start a new year we'd like to offer special thanks to all who make our efforts possible. We'd love to publically acknowledge you by listing your names, but in the interests of respecting your privacy, we won't do that. Many of you have generously and consistently supported ODH since the very beginning and we want to let you know how much we appreciate your loyalty and commitment to our cause. Since we don't receive any government funding, what we do wouldn't be possible without your generous donations. PAWS UP TO ALL OF YOU!

DURING THE PAST 13 YEARS, ODH HAS HELPED **5,263** DOGS!

ADOPT!

All of the senior dogs you see pictured in the border that runs the length of the newsletter (see left) are available for adoption (as of 1/3) Some are in shelters, living in cages, desperately waiting for a forever home; many are in foster care, and some are posted for individuals. All of these amazingly resilient dogs are looking for forever homes. Go to our website (www.olddoghaven.org) to find out more about these adoptable dogs.

GO SEAHAWKS!



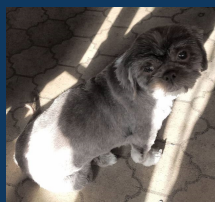
TWINKIE



LUKE

About Old Dog Haven

Old Dog Haven provides assisted living and hospice care for senior dogs, as well as help in placing senior dogs in new, loving homes. We serve Western Washington, with foster and Final Refuge homes from Blaine to Vancouver. To find out more, see www.olddoghaven.org



CHEWY

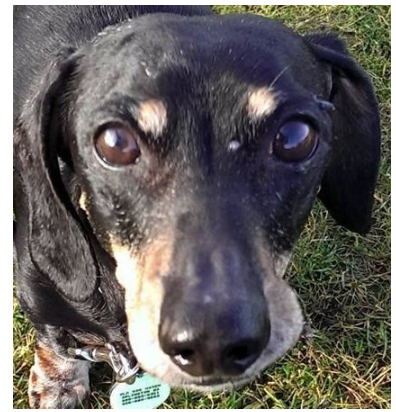
How to Help

There are many ways to help! You can do anything from taking a foster or Final Refuge dog into your home, to hanging a poster or two. [Click on the donate button at the top of our website home page.](#)

ODIE

By Bilyana Yakova

If you're resolving to lose weight this year, Odie's story will be an inspiration to you! Here's his story told by his Final Refuge mom Bilyana:



"Odie was surrendered to the Everett shelter in August of 2015 because (per paperwork) his family was moving and couldn't take him along. We don't know much of his history other than the fact that 11 years earlier he had been adopted from the Everett shelter by this owner(s). On intake to the shelter last year he was estimated to be 15 years old and weighed 24 pounds! Odie joined my household on August 22nd. Pretty quickly after he came to me I got him in for a vet check up and a thorough grooming. Odie's teeth were in bad shape and he needed to have 15 extracted. (He was already missing four and I found two which had fallen in my house because of advanced decay.) Thankfully, other than his obesity, he was found to otherwise be in great health.



"I approached Odie's weight loss through both food and exercise. I was told his target weight would be around 15-16 pounds. My own two dogs are exactly that weight so I had a very clear sense of what portions Odie would need to eat to maintain that weight. I started to gradually decrease his portion size until it resembled that of my other

two pups. We at first started Odie on Purina OM (Overweight Management) wet food—wet food due to his recently extracted teeth and OM because it was very low fat. Odie had a hard time walking for longer stretches at first; between his short legs and giant belly, he was almost dragging across the floor! He could only sleep on his back basically, because his belly was always in the way, and he panted a lot more than would have made sense given the weather. Thankfully Odie was very interested in going for walks, especially when he would see me walk my own puppies; he'd always want to join in. So I made sure we went for a walk every day, gradually increasing the distance (although even at their longest they were still short walks). I also have a fenced in back yard and a doggie door so Odie gets to roam at his leisure during the day.

"Two months after he came to me, Odie was at his target weight of 15.5lb, was no longer panting and was sleeping so well! We took him off the Purina OM food and he now enjoys the same food as all pups in the household. He has maintained that general weight since then! Odie is still incredibly food



motivated. I make sure treats are not excessive and are healthy—a baby carrot, a piece of apple, a raw green bean. To my amusement, Odie is the only dog in the house who dislikes bananas. One of his quirks is about the food bowl; he gets fed morning and evening, but at random times during the day he will go check his food bowl just in case food magically appeared in it.



MARLEY & RINGO

"Odie has a huge personality packed into his now very svelte body. From the first day he walked into my house he showed himself to be very assertive and at times bossy. He has strong opinions about things he likes (such as meeting people) and things he dislikes (such as being picked up). Odie very quickly bonded with me and started following and seeking me out. He loves to be within a foot of me and his version of being a lap dog is to get the front half of his long body in my lap.



"Odie really enjoys meeting people and is very sociable. This has made him a wonderful greeter dog at ODH events and over the last year we have attended quite a few. It turns out Odie loves cats and has excellent manners around them (other dogs he mostly just tolerates). When we go to a vet check up we make sure to ask to visit with the resident cat because of how much Odie loves her.



CECE & KANEN

"As all wiener dogs, Odie gets a kick out of burrowing under a blanket and is often napping completely covered or with just the tip of his nose out. He absolutely loves his heated bed and spends lots of time in it. Short walks are a definite favorite and we periodically make sure to go to the local lake where Odie enjoys watching ducks. He is an incredibly brave dog and at times will chase the vacuum cleaner and even the lawn mower! If there is barking to be done, Odie will participate regardless of the topic. At the end of the day, when all the work of a wiener dog is done, Odie will climb up his little stairs onto the sofa and snuggle up next to me. He loves to make eye contact and before falling asleep will stare deep into my eyes.

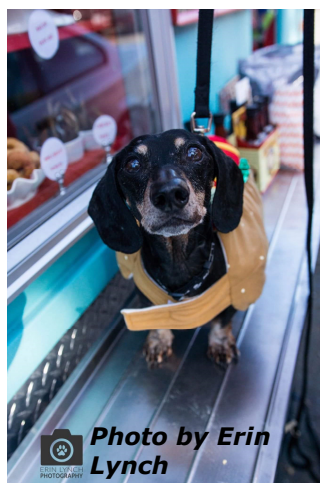


Photo by Erin Lynch

"At 16, Odie keeps going strong and is the perfect example of resilience and thoroughly enjoying the moment."

Thank you Bilyana for taking such good care of Odie and for loving him as much as you do. Without your help, he wouldn't be here today.

"I don't think pet owners truly appreciate how important it is to have their pet at a healthy weight," says Ashley Gallagher, DVM, a veterinarian at Friendship Hospital for Animals in Washington, DC. "Being overweight puts your dog or cat at risk of many diseases, not least of them diabetes, cardiovascular disease and arthritis."



CHARLIE

If you have feedback about this newsletter or ideas for future newsletters, please send them to ardethdv@comcast.net



BASIL

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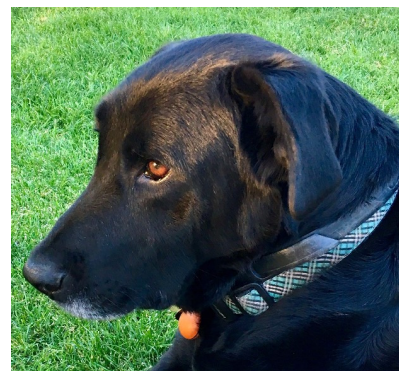
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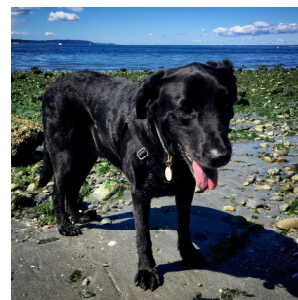
by Stephanie Jeter



"Peanut landed at a shelter because the city took him away from his home because of neglect. By the time they did, Peanut was in such bad shape, and it was evident this old pup had endured neglect and abuse. Peanut was clearly a very special boy, and he became a favorite among the volunteers, especially Volunteer Rescue Coordinator Erica. Erica said Peanut was loving and so grateful for even a pat on the head. She notified Judith about him, and I was the lucky one to receive this snuggly guy. As we got to know each other and Peanut's personality emerged, he seemed to me more like a kindly and distinguished English Gentleman than a Peanut, so we began calling him Geoffrey.

"And so, Geoffrey has been very busy healing! He's growing stronger all the time in both body and in spirit. Here are some examples of the progress he's making: In the beginning, G's tail sort of barely wagged, and then only the very tip of the tail. Now he wags like a happy helicopter. To start with, G needed to gain weight and take lots of medicine! Except he wouldn't eat. Hmm. But, once I added yogurt and peanut butter to his dog food, he was happy and game to eat. Still, he was too smart and stubborn for the pills. Tina's tip worked: encase the pills in gel caps (I found them in different sizes at the health food store), and I stuck those into gobs of peanut butter. Yum! In time, Geoffrey gained 20 pounds. His bones no longer stick out everywhere, and he has muscle tone too from his 'walks.' Since he started out wobbly and very weak, we began by going less than a block at a time. These days, two miles is fun for him, and he can even trot comfortably as we stroll. For months, Peanut would only lie down, maybe he'd stand. More and more, he experiments with sitting down for a spell, and for longer spells all the time. He gets a pill of fish oil daily; that's got to be helping.

"Thanks to a new fangled allergy medicine called Apoquel Peanut no longer has skin issues. Thank goodness! Most of the fur toward his back end wasn't there, and his teeth are extremely worn down from constant chewing. He wore a pup jacket for his first months both for warmth and so people wouldn't immediately notice and react to his physical state. Along with his body filling out, his fur has since grown in thick and luxurious. He's oh so handsome; people tell him that now all the time, and more and more often he lets them.



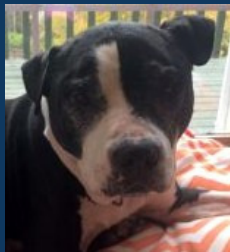
"As Geoffrey first became stronger, he started acting out toward other dogs through 'resource guarding' food and me. Not good! G weighs 80 pounds now. His pup sister Wylee weighs only 13, and she's a feisty terrier mix, so she'd egg him on. I worried for her. Then, the dreaded "separation anxiety" became an issue. It was scary for both of us the day I left him home for a short while, and I returned to find a damaged door with a badly dented doorknob, plus a long windowsill cleared of its objects, including the glassy ones (thank goodness none of those broke on the way down, and the window still was whole).



MOJO



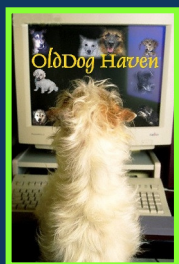
SOPHIE & SEYMOUR



OLIVER



BAYMAX



Forward to a Friend

Know somebody who loves old dogs? The more people who join our network, the more old dogs we can help!

"While we learned what to do, I brought G with me everywhere. I confess, I didn't know if I had it in me to successfully work through the behavior problems but ODH supported me in every way possible. We are grateful. What helped most of all? Judith sent booklets written by Patricia McConnell PhD. The information is clear and concise, and her writing style is grounding and funny. I cannot express in words how much these little booklets helped. Especially this one for separation anxiety: *I'll Be Home Soon!* This wise woman's website offers loads of helpful resources: <http://www.patriciamcconnell.com/learning-center>

"ODH also sent us to school for G's new issues. We started classes at Great Dog Obedience School in North Seattle. It's a fine school and community. Great Dog also included Peanut in their ODH Christmas tree gifting program; these folks were so generous to our boy. Among other goodies, G received a huge orthopedic bed; that's where I usually find our fellow.

"Geoffrey goes to Green Lake Animal Hospital for his medical care. They've been a Godsend for our boy, and during G's toughest time, they prescribed G what's considered a half dose for him of Prozac. This helped G feel less startled too by noises, etc.

"We're close with my sister and her family. Her kids and their dog Sydney adore Geoffrey and they continue to learn big life lessons from this humorous, dead pan guy about responsibility, family, love, faith, joy and of course ... comedy. G is also very popular in my neighborhood; last night it snowed, and Geoffrey was gleeful. He ran around, he played, and he ate lots of fluffy snow in our courtyard with his sister dog Wylee, our fabulous neighbors and lucky me!

"Geoffrey is a little miracle. It's lovely to watch as he gets to know a life filled with health, safety, play, trust and love. As G continues to heal and grow, all of us around him do too. Geoffrey brings out the heart and compassion in just about everybody. He demonstrates that change is totally possible. G has taught me about being brave, and that life goes best when we continue to grow, love, and to go for it, regardless of the outcome. Geoffrey teaches Wylee how to slow down, and that one can be mellow and steady without blowing a gasket. Wylee Pup teaches Geoffrey about joy, happiness and play, and about loving and trusting people."



Thank you Stephanie for welcoming Geoffrey into your home and heart.



LEO

FLOYD

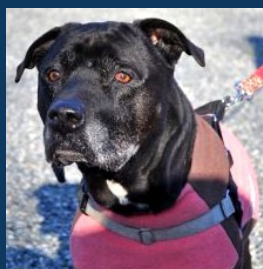
by Bev Bowe and Gretchen Howell



Once again, thanks to Gretchen Howell (pictured with Bev Bowe, Floyd, Norman and Maxx Throttle) of Dachshund Race for Rescue, ODH was represented in the halftime Wiener Races on December 4 during the Seahawks game against the Panthers. Floyd ran for ODH and even though he didn't win, we're very proud of him for being such a good sport. Special thanks to the Seahawks who made a very generous donation to ODH in

honor of the winner: Maxx Throttle, Floyd's new brother.

That's just the bare bones of a story that's much bigger than an appearance by an ODH dog at a football game. Let's start with Bev Bowe who was Floyd's first foster mom:



DENALI

"In May I learned about an abandonment case in Everett, where five dogs and 30+ cats had been left in a condemned mansion. Four of the dogs were old Dachshunds. I spoke with ODH director/founder Judith, who told me that all of the Wieners had bad teeth but two in particular had pretty horrible mouths needing serious treatment. Being retired gives me a flexible schedule and the time to commit to a dog that needs more than average care so I told her I would take the "worst mouth" of the bunch. I drove straight to the shelter to see what I was getting. What I 'got' was the happiest, friendliest little fellow I had ever seen in a Dachshund body! I immediately fell in love with this guy!



CORKY

"When I brought Floyd home Judith warned me that being a Wiener, Floyd probably had back issues and I shouldn't let him on the bed or couch. At the end of the first day I contacted her and asked her what army was going to stop him! Floyd was zipping all over the house, up and over the couch, on and off the bed, zooming everywhere he went in happy abandon. The shelter had estimated Floyd's age as 11, but one look at him told me he was a LOT younger, and very adoptable, if we could just get his mouth fixed up. I did try to keep Floyd on the floor, and every night would tuck him into his bed on the floor next to mine – and every morning I would wake up to him under my covers, nestled against me.



"I began to consider adopting Floyd; he fit into my little family so well, and he is such a great little dog I was worried I would have a hard time choosing a proper home for him: I knew I could give him a wonderful home for the rest of his life and the idea of sending him off into an unknown future was hard for me to face. Then Tina Nabseth called me and asked if I thought Floyd would be a good entrant in the Race for Rescue Seahawk Wiener Dog Race. I said a very thrilled yes and Tina and I then met with Gretchen

Howell, who organizes the Wiener Race. I brought Floyd with me to that first meeting. As soon as I met Gretchen and saw her look at Floyd with instant love I realized that she would be the perfect mom for Floyd.

"Old Dog Haven does so much for the dogs that go through our system, but we fosters get so much out of the experience too. I'm feeling blessed to have had the opportunity to help Floyd on his journey to a loving forever home!"

Now, let's hear from Floyd's forever mom Gretchen:

"It was apparent that Floyd started out life as a show-dog. He knows how to hold a "stack" indefinitely. I called AKC hoping to discover his true identity, but with no chip or tattoo it wasn't possible. Their DNA records were incomplete, so doing a DNA test wasn't going to help either. Over the next nine weeks, Floyd was registered under AKC's PAL program, entered 'school', and earned his AKC Canine Good Citizen title.

"Floyd also started learning how to race. One of my other Dachshunds, Maxx Throttle, is well-titled in short-course racing (Dachshund drag-racing...yes, the sport started with a beer commercial!). He also has 15 other obedience and coursing related titles with AKC and UKC. His pack mate, Ben Norman, also has a collection of titles and wins, and works as "Ben The Camera Dog" at the Seahawks races. It is a good fit – Floyd has two slightly older dogs to act as his mentors. He even earned some points toward AKC's BCAT title, just like his foster brothers.



"Floyd has some quirks. We named his bed "Wilson" because Floyd has an argument with it every night before he goes to sleep (rather like Wilson the Basketball from the movie *Castaway*). When he wants my attention, he will poke me in the leg, Borzoi style. Floyd also channels his inner "Sheldon Cooper character" from *Big Bang Theory*: if the poke is ignored, it's tap-tap-tap with his paw (always three taps). Usually a silent dog, his occasional (and for no particular reason) full-volume "YAP!" could wake the dead.

"12/4/16 was a triple win for my pack. Maxx Throttle won 1st place at Seahawks Race for Rescue. Old Dog Haven got a nice donation from Seahawks. Floyd became officially AKC's Old Dog Haven Floyd Von Howell, CGC, owned by me!

"So much for not being able to teach an old dog new tricks..."

Thank you Bev and Gretchen. See you at the races, Floyd!



GRACELAND



TOBY



FAITH

MAILBOX

If this email was forwarded to you, and you'd like to receive it in the future, send an email to office@olddoghaven.org

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MAXENE



"Noel has blended into our family well. My German Shepherd Saie Dee even accepted her quickly. She has joined three other dogs, four cats, goats, chickens and ducks. We are trying to figure out each other's language. She loves to stay in the house while I'm gone to work. She also needs help getting up on the couch and on my bed. Noel's a great addition to our family and we love her." **Beth**

"Remy has been such a blessing in our lives! He loves his little sweater. He loves the fireplace too. Thank you for allowing us to adopt him. He was the perfect missing piece of our family." **Remy's adopters.**



Tina was 14 years old when she was found staggering around as a stray. Her microchip confirmed that at some point her owners had passed away. Tina was recently adopted from the shelter by a wonderful woman who saw the value of an old dog, despite her age and several health issues, and how desperately she needed a home. Tina is now exploring the neighborhood coffee shops, trying out hydrotherapy for her arthritis, and enjoying short walk dates with other friendly senior dogs.

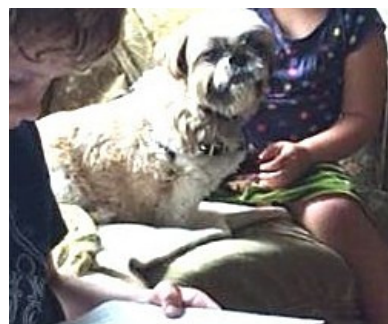


Tina's new mom wrote us to say: "I am thrilled to have her and even though I know it might not be for all that long, it is so fun having a quirky old dog again. I lost my two seniors to cancer late this spring, and Tina's surprise entry into my life is a true gift. She is an old and beautiful soul."

NEWSBITE

Congratulations to Final Refuge dog CeCe who received her official certification to be a reading program therapy dog.

"I'm so proud of this little dog. She has worked really hard, learned so much and will make a great therapy dog. I feel really good about the improvement in her health and the opportunity to help children learn to read and show that old dogs can learn new tricks and do amazing things." **CeCe's foster mom Laura Demory**



Contact Us

Website:
www.olddoghaven.org

Phone:
(360)653-0311

Inquiries about fostering
and adoption
office@olddoghaven.org

Help with placing your
dog & social media
placement@olddoghaven.org

Corporate giving, Walk
for Old Dogs, marketing
& PR inquiries
paulam@olddoghaven.org

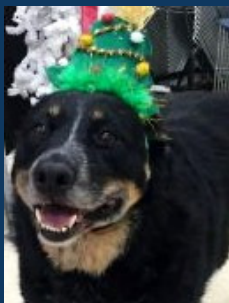
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ODH participation at your
event
events@olddoghaven.org

End-of-Life decisions &
Grief Counseling
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All other inquiries
office@olddoghaven.org



SPOT



BISCUIT

BECOME A GOLDEN GUARDIAN MONTHLY DONOR

Your monthly donation helps ensure a reliable source of income so we can provide care for over 300 dogs in permanent foster care, and continue to help more senior dogs in need. Sign up for a monthly donation of \$15 or more by January 30 and receive our gift of a 2016 commemorative Walk for Old Dogs tote bag. When signing up make sure to check "make my payment a recurring payment." Go to www.olddoghaven.org, click on the **DONATE** button and scroll down to **Click and Pledge**.

If you've already signed up for monthly giving and would like to receive a tote bag please email paulam@olddoghaven.org

OTHER WAYS TO DONATE

SPONSOR A FINAL REFUGE DOG <http://olddoghaven.org/how-to-help/sponsoring/>

MARANDA FUND: This fund is set aside specifically for major medical procedures beyond what we could normally cover.
<http://olddoghaven.org/donate-2/the-maranda-fund/>

WORKPLACE GIVING: Many companies and government organizations offer payroll deduction programs. Some will match or even double or triple your gift at your request. Or, if your employer is signed up with an annual giving campaign such as United Way you can designate Old Dog Haven as one of your charities. Contact your Human Resources department for more information about employee giving.

GIFTS OF STOCKS AND BONDS: These can be accepted through our account at Edward Jones. Please contact us (office@olddoghaven.org) for details.

LEAVE A LEGACY IN YOUR WILL: Make a bequest to Old Dog Haven in your Will or Revocable Living Trust. Contact your estate planning attorney for assistance.

WISH LIST: Donate items on our wish list to help keep our Final Refuge dogs comfortable. <http://olddoghaven.org/donate-2/wish-list/>

DOG ACTIVITY NUMBERS: 2016 WRAP UP

2016

313 DOGS IN CARE AT YEAR END

222 ACTIVE FOSTER HOMES (MORE NEEDED!!)

638 NEW DOGS HELPED

201 PLACED IN ODH FOSTER HOMES

91% OF THOSE FROM SHELTERS AND RESCUE GROUPS

9% OF THOSE FROM INDIVIDUALS

381 DOGS ADOPTED (27 ODH & 354 referrals)

Even non-profits are affected by the economy. Because our responsibilities, expenses, and dogs in care are increasing, your donations are more important than ever. If you can help, please send your tax-deductible donation to:

Old Dog Haven
621 State Route 9
PMB A-4
Lake Stevens WA
98258-8525



CALLIE



PIP



PEPITA & PEPITO



TEE

NEWS FROM THE EXECUTIVE DIRECTOR

ODH has completed 11 years, has grown a great deal, and has changed the fate of homeless senior dogs in western Washington. We would like to express our deep gratitude to those who have made this happen:

Our 220 fabulous **foster families**, the very center of what we do

Our **staff members**, Tina, Barb and Shirley, who put their souls and lives into the "job"

Our wonderful dedicated **Board members** who give SO MUCH time, energy and talent

Our **volunteers** who transport dogs, write thank-you cards, man outreach tables or attend events in all weather, monitor donation cans, work on the website and Facebook page, develop data bases, and other non-glamorous jobs

The many **veterinarians** who work so hard to help our old dogs with ridiculously challenging problems and no health history

The **businesses, clinics, and individuals who hold benefits** to raise funds for ODH – these have been a real boost (and sometimes a lot of fun too!)

The **businesses who sell our calendar or book and also introduce their customers to ODH**

Most important: Our incredibly generous donors, from all over the country, who make this possible. Caring for more than 300 old dogs is extremely expensive and you allow us to give them what they need. With special thanks to those who've been loyal to us since our early years, we are very grateful to ALL who are part of the ODH effort.

It truly warms our hearts to know how many people care about abandoned old dogs and want them to end their lives with love and comfort in a family that wants them. You are remarkable!

Judith and Lee Piper, founders



ODH was featured on the **Today** show on Dec. 27. If you go to: <http://www.todayshow.com> and type "Old Dog Haven" in the search box you'll find it.

Thanks to Laura Coffey, author of *My Old Dog*, for choosing to highlight our organization. <http://www.myolddogbook.com/>

Old Dog Haven is now on Instagram! Follow us here: <https://www.instagram.com/olddoghaven/>